

## I. General Information about our Holistic Therapy

Welcome to our clinic! We are very pleased that you have chosen biological medicine as your method of treatment and we thank you for placing your confidence in us.

As an introduction to your treatment, we would first like to inform you about the most important aspects of our holistic therapy concept.

When complications arise during a course of holistic therapy, the reason may be perceived to be the absence of conventional medical treatment and, from a conventional medicine point of view, the holistic therapy may be judged unsuitable. For this reason, after your doctor has explained the treatment to you, you must make a conscious decision whether or not to undergo our therapy, whereby you assume the responsibility for your decision. By no means will we advise you against continuing conventional medical treatment if you consider this to be appropriate or necessary. In fact, many patients find our treatment beneficial as adjunctive therapy to more conventional treatment plans. Before booking your first appointment with one of our doctors please sign this document and return it to us, together with the completed questionnaire.

If you have any questions, please do not hesitate to contact our staff. During your first consultation we allow sufficient time to explain the different stages of treatment in detail.

### 1. Biological medicine

Holistic medicine (also known as physiological regulating medicine and Biological Medicine) treats the whole person. The patient's symptoms are always considered to be the outward expression of an underlying dysfunction that can be remedied by stimulating the body's own regulatory forces. We search for the root causes of the patient's disease in order to give the body a chance to heal itself. This is why we give top priority to improving the patient's general metabolism, together with detoxification, purification and the latest methods of immune-stimulation, as well as other stimulating therapies.

Paracelsus's biological medicine aims at strengthening the whole, so that diseases and susceptibility to disease can be combated by the patient's own immune system and healing process. For this reason, our doctors utilize 'suppressive' medicines only during times of emergency, and not for chronic care management, because this type of medicine is most effective in acute situations. We are also slower to recommend certain operations, preferring first to apply our holistic therapy concept.

As our patient, you are making a commitment to your health. With your cooperation and the Paracelsus staff's input of experience and know-how, susceptibilities can be detected and the course of the disease reversed. It is important to note that all of our doctors have conventional medical degrees and specialized training in Biological Medicine, and in certain cases, conventional and holistic treatments will be integrated.

## **2. Dental treatment according to holistic principles**

Our aim is to offer you a dental cleansing treatment that is well tolerated. For this reason, our dentists avoid using chemical remedies such as antibiotics, cortisone, etc. We mainly employ homeopathic medicines to alleviate pain and swelling.

Through their roots, teeth are linked to various meridians (the pathways through which the body's energy flows), and dental disturbances may profoundly affect the whole organism. In addition, some of the materials used in dental fillings can be toxic and thus provoke a number of problems.

Our dentists place great value in these connections, and thus avoid using toxic (poisonous) substances during your dental care. In particular, they do not use amalgam. The Paracelsus Clinic Lustmühle is the only dental center in Switzerland where amalgam and other toxic dental materials are gently removed according to the latest methods, concurrently with the detoxification of the body.

Based on our many years of experience, we do not offer root canal therapy. Dead teeth are not well tolerated by the body and may even cause damage to health. For this reason, our dentists usually recommend the removal of all dead teeth and those that have undergone root-canal therapy.

## **3. Insurance**

Our doctors are recognized by all Swiss health insurance companies, but not international insurance companies; foreign patients' consultations at our clinic will likely not be reimbursed. However, you may want to explore services that assist in obtaining reimbursements from your insurance company. You are responsible for all costs at the time of treatment.

## **4. Informed Consent / Patient Declaration**

I hereby consent to an integrative, biological medical assessment and treatment. This means that the treatment may go beyond conventional allopathic therapy. Treatments may utilize such substances as herbs, homeopathic remedies, vitamins, minerals, and various other therapeutic modalities, which will be determined by the physicians of Paracelsus Clinic. Medication, including allopathic drugs, non-allopathic drugs, supplements and other treatments approved in Switzerland may be adapted to treat specific needs for uses other than the intended label indications. Assessment findings and treatment plans will be discussed in full before implementation.

I am responsible for the decision to seek a therapeutic program that includes the physical, psychological, environmental, and spiritual aspects of my illness.

I recognize the possibility that this treatment may not prove successful.

I am fully informed that this approach to healing differs from, and may not be recognized by, traditional medical standards. I also understand that many of the therapies used at Paracelsus Clinic may not be acceptable to doctors practicing traditional medicine.

As a further inducement to the Paracelsus Clinic to provide treatment for me, I hereby waive any claims and demands that I might now or hereafter have against the Paracelsus Clinic, its affiliates, business partners and

licensees, and their owners, employees, agents or the Marion Institute and their owners that may arise, or be deemed to arise, from treatment at the Paracelsus Clinic, its affiliates, business partners and licensees, and their owners, employees, agents and all liability of whatsoever kind or nature arising out of or in any way their relating to the treatment I receive at the Paracelsus Clinic.

My medical files are strictly confidential. They are intended to be read only by myself and the clinical staff, based on my right to privacy. These files will not be transmitted to anyone else without written permission. Regardless of the jurisdiction in which this Patient Declaration is signed by me, it shall be deemed to have been signed by me in Switzerland. Any dispute arising from, out of or as a consequence of this Patient Declaration or the treatment given by the Paracelsus Clinic shall be subject to the laws of Switzerland and this Patient Declaration shall be interpreted and construed in accordance with the laws of that jurisdiction. I hereby submit to jurisdiction of the courts, in CH-9053 Teufen AR, City of Teufen, Switzerland, for resolution of any dispute arising out of or relating to this Patient Declaration and the treatment performed by the Paracelsus Clinic.

This Patient Declaration was given to me, read by me and signed by me before any payment of fees were made by me for this treatment.

#### **5. Confirmation of agreement**

**I have read the description of the most important aspects of your holistic therapy concept and have taken note of its content. I wish to receive treatment according to the principles of biological medicine as described above and kindly request for you to arrange a preliminary consultation during the next 10 working days.**

<b>Surname</b>	_____	<b>First name</b>	_____
<b>Date of birth</b>	_____		
<b>Place / date</b>	_____	<b>Signature</b>	_____

## II. Comprehensive Medical Questionnaire

Please fill out the following information completely. Your answers on this questionnaire are important for the planning of our therapies. Please take your time and answer as accurately as possible. If there is not enough space for your entries, please add a separate page.

<b>Last name</b>	<b>First Name</b>
_____	_____
<b>Date of birth (day/month/year)</b>	
_____	
<b>Sex</b> <input type="radio"/> M. <input type="radio"/> F.	<input type="radio"/> <b>Family (to child under 18 years)</b>
_____	_____
<b>Address</b>	
_____	
<b>City/Country/Zip code</b>	
_____	
<b>Home Phone</b>	<b>Mobile</b>
_____	_____
	<b>Work Phone</b>
	_____
<b>Home Fax</b>	<b>Work Fax</b>
_____	_____
<b>e-mail</b> _____	→ <b>Would you like to subscribe our Newsletter?</b>
<b>Contact preference</b> <input type="radio"/> e-mail <input type="radio"/> phone	<input type="radio"/> yes / <input type="radio"/> no
<b>If phone, best time to call:</b> _____	_____
<input type="radio"/> married <input type="radio"/> single	<b>Occupation</b>
_____	_____
<b>Children</b> (Number, Sex, Age)	
_____	
<b>Do you have a dental panorama x-ray (OPT)?</b>	<input type="radio"/> Yes <input type="radio"/> No
_____	
<b>Emergency contact person</b>	
(name, address, phone, e-mail)	
_____	

↓ Please leave this column empty. ↓

**1. What is your main health issue?**

**2. Do you have any other symptoms or illnesses?**

**3. Please list any previous illnesses, operations or accidents chronologically:**

**4. Does your family have a history of any illnesses? If so, please explain**

**5. What loads are imposed on you by your social environment (psychological stress etc.)?**

**Are you exposed to electromagnetic or other domestic loads?**

**If so, which ones?**



**21. What doctors (eg. Primary care, oncologist, radiologist, etc.) do you currently see? Provide names and location.**

**22. How did you hear about the Paracelsus Clinic Lustmühle?**

Once you complete and sign the Comprehensive Medical Questionnaire, please e-mail, fax or mail the completed Comprehensive Medical Questionnaire to:

Paracelsus Klinik Lustmühle AG  
P.O. Box 162  
CH-9053 Teufen AR  
Switzerland

Fax +41 71 335 71 00  
E-Mail [patientinfo@paracelsus.ch](mailto:patientinfo@paracelsus.ch)

Once your questionnaire has been received, a representative from the Paracelsus Information Center will contact you within 10 business days.

Many thanks and best wishes,

The Team of the Paracelsus Clinic Lustmühle

## Recommended accommodations in Teufen and St. Gallen

For individual hotel recommendations, please contact the reception desk at the clinic by telephone +41 71 335 71 71 or via E-Mail [info@paracelsus.ch](mailto:info@paracelsus.ch)

**Hotels in Teufen** all with free bus transfer to the clinic

**Hotel Säntis \*\***  
CH-9053 Teufen

Phone	+41 71 333 33 55	e-Mail	<a href="mailto:info@hotelsaentis.ch">info@hotelsaentis.ch</a>
Fax	+41 71 333 49 36	Web	<a href="http://www.hotelsaentis.ch">www.hotelsaentis.ch</a>
Mobile:	+41 79 285 36 66		

A friendly small hotel, coordinating the needs of patients at the Paracelsus clinic. **Close co-operation with the Paracelsus Clinic Lustmühle.** No smoking. Dr. Rau's Diet with breakfast and dinner. Very quiet and convenient. Beautiful views of the alps, with balcony or garden. 10 walking minutes from the train station in Teufen.

**Hotel zur Linde \*\*\***  
CH-9053 Teufen

Phone	+41 71 335 07 37	e-Mail	<a href="mailto:info@hotelzurlinde.ch">info@hotelzurlinde.ch</a>
Fax	+41 71 335 07 38	Web	<a href="http://www.hotelzurlinde.ch">www.hotelzurlinde.ch</a>

Comfortable hotel with excellent public restaurant. 10 walking minutes from the train station in Teufen. 2 bedroom apartment available on a weekly basis (for 2-4 persons).

**Pension Alpenheim**  
CH-9053 Teufen

Phone	+41 71 333 12 24	e-Mail	<a href="mailto:alpenheim@bluewin.ch">alpenheim@bluewin.ch</a>
Fax	+41 71 333 17 70	Web	<a href="http://www.pension-alpenheim.ch">www.pension-alpenheim.ch</a>

Simple comfort. Breakfast pension with cooking options. No smoking. With garden and views of the alps. Apartments available.

**Hotel Anker**  
CH-9053 Teufen

Phone	+41 71 333 13 45	e-Mail	<a href="mailto:info@anker-teufen.ch">info@anker-teufen.ch</a>
Fax	+41 71 333 46 89	Web	<a href="http://www.anker-teufen.ch">www.anker-teufen.ch</a>

Just two minutes' walk from Teufen railway station, the Anker Hotel & Restaurant has recently been renovated with loving attention to detail. Ten ultra-modern rooms (nine double rooms and a Junior Suite), central location and first-floor restaurant make this the ideal Appenzell house for you, to indulge in pure pleasure.

## Hotels in St. Gallen

Hotels in St. Gallen have higher accommodation prices, but are still convenient. **No clinic bus transfer available!** Train transfer to the clinic approx. 15 minutes (about a 4 minute walk from the stop at Lustmühle to the clinic).

<b>Hotel Metropol ***</b> CH-9000 St. Gallen	Phone	+41 71 228 32 32	e-Mail	info@hotel-metropol.ch
	Fax	+41 71 228 32 00	Web	www.hotel-metropol.ch

Comfortable hotel next to train and taxi station. Conveniently located in the center of St. Gallen. Very good restaurant.

<b>Hotel Einstein ****</b> CH-9000 St. Gallen	Phone	+41 71 227 55 55	e-Mail	hotel@einstein.ch
	Fax	+41 71 227 55 77	Web	www.einstein.ch

Elegant first class city hotel, quietly and centrally located in the old town of St. Gallen. 113 exquisite rooms and suites, 2 restaurants offering menus adapted to Dr. Rau's diet. Fitness park with spa area. Special offer for taxi transfers to Paracelsus clinic: 10 minutes. Bus stop directly in front of the hotel.

<b>Sorell Hotel City Weissenstein***</b> CH-9000 St. Gallen	Phone	+41 71 228 06 28	e-Mail	info@cityweissenstein.ch
	Fax	+41 71 228 06 30	Web	www.cityweissenstein.ch

Modern and quiet hotel. Near train station and city center. Apartments available (2-4 persons). Packages including taxi transfer to the clinic available.

<b>Hotel Radisson Blu****</b> CH-9000 St. Gallen	Phone	+41 71 242 12 12	e-Mail	info.stgallen@radissonblu.com
	Fax	+41 71 242 12 00	Web	www.radissonblu.com/hotel-stgallen

New and modern business hotel. In walking distance to historical old town and close to bus stop.

**Oberwaid – Health  
Resort & Spa \*\*\*\*+**  
CH-9016 St. Gallen

Phone	+41 71 282 00 00	e-Mail	info@oberwaid.ch
Fax	+41 71 282 00 01	Web	www.oberwaid.ch

A first class Health Resort with Spa, Medical Center and Hotel, re-opened after reconstruction in 2012. It offers views of Lake Constance and an adjacent park as well as 3 restaurants with outdoor terrace. Services include various spa facilities, an indoor pool, sauna and 144 modern and spacious rooms ranging from 34-110 sqm. Travel time to Paracelsus clinic is 20 minutes. Bus stop located directly in front of hotel.

**Some other Hotels near by the Clinic**

**Hotel Sternen**  
CH-9055 Bühler

Phone	+41 71 793 17 58	e-Mail	info@sternen-appenzellerland.ch
		Web	www.sternen-appenzellerland.ch

Small and newly renovated hotel. Breakfast and Dinner available (Wednesday only Breakfast).

## Information and Consent on the Settlement of Costs

Due to patient inquiries placed to our accounting office, the following provides answers to some of the more common questions, which are: general charges associated with organizing your stay, making a down payment, cancellation fee and final bill.

### **Administrative costs:**

The administrative costs associated with coordinating a patient's stay ranges from CHF 2'000 to CHF 3'000.00; delegated services are not included (laboratory analysis, etc.). Part of your deposit (CHF 1'000) covers these efforts made on your behalf.

### **Deposit:**

Once you have agreed to receive treatments here at Paracelsus Clinic, we need a down payment of CHF 10'000.00 plus your completed forms within 15-days after receiving a form via Email labeled 'Proposal for the treatment of Mrs./Mr. or mail. This action will then secure your planned treatment time here at the clinic. For additional information, please refer to the form labeled "Your stay in our clinic - personal treatment proposal," to learn more about the costs associated with your stay here.

### **Interim payment:**

An interim payment is made weekly on Tuesdays to cover the cost of treatment received during the previous week. The down payment of CHF 10'000 will be included as a credit towards your interim bill. If you did not complete this transaction, Paracelsus Clinic will automatically debit your credit card for the amount owed.

### **Cancellation fee:**

In cases of cancellation occurring after we've received your confirmation forms and deposit, a fee of CHF 1'000.00 will be charged to your card to cover the administrative costs associated with 'de-planning' your treatment here at Paracelsus Clinic. In cases of postponement, we'll retain only CHF 500.00 for administrative rescheduling, and the remainder will be credited towards your future medical care.

In case of a no-show, or if you cancel within 15-days prior to your arrival, we will retain CHF 2'000.00 of your down payment.

### **Final Bill:**

Your bill must be paid in full on your final day.

### **Consent**

I accept these terms of payment as outlined above.

Surname: \_\_\_\_\_

First name: \_\_\_\_\_

Date \_\_\_\_\_

Signature: \_\_\_\_\_